

COMMUNITY / RECREATIONAL STREAM

	Competency-based NCCP	Age Range	LTAD Stage
		COMMUNITY SPORT (Introduction to Football) Novice Coach	6 to 12 FUNdamentals Learn to Train

COMPETITION STREAM

	Competency-based NCCP	Age Range	LTAD Stage
		INTRODUCTION TO COMPETITION 13 to 18	Train to Train Learn to Compete

	Competency-based NCCP	Age Range	LTAD Stage
		COMPETITION DEVELOPMENT 18 +	Learn to Win Train to Win