



# 2023 U18 WOMEN'S NATIONAL CHAMPIONSHIP

## TEAM ALBERTA

#	NAME	POSITION	HEIGHT	WEIGHT	SCHOOL	CITY/TOWN
1	LibertyJo WARE	QB	5' 6"	150	Wetaskiwin Sabres	Wetaskiwin
3	Sarah ESPINOZA	DB	5' 2"	115	Bellerose Bulldogs	St. Albert
4	Rehema HOLAKI	RB	5' 5"	165	Calgary Wildcats	Calgary
5	Jacey BOUCHER	DB	5' 4"	160	Peace River Pioneers	Peace River
6	Amira HARB	RB/OL	5' 2"	130	Chestermere Lakers	Chestermere
7	Emily KRAUSE	LB	5' 2"	140	St. Albert Skyhawks	St. Albert
8	Sophia PIAST	REC	5' 8"	135	Henry Wise Wood Warriors	Calgary
9	Ella GAGNON	LB	5' 3"	130	West Edmonton Raiders	Edmonton
10	Mattea FLETCHER	DB	5' 3"	135	Calgary Wildcats	Calgary
11	Sara FAGNAN	QB	5' 6"	150	Bonnyville Bandits	Bonnyville
12	Lillian WATKINSON	DB	5' 1"	110	Notre Dame Cougars	Innisfail
13	Kaylee BELBECK	RB	5' 2"	125	Wetaskiwin Composite High School Sabres	Wetaskiwin
15	Reagan SMITH	RB	5' 6"	160	Calgary Wildcats	Calgary
20	Maya PICKERING	REC	5' 5"	105	St Albert Valkries	St. Albert
21	Sidane BOWERS	RB	5' 5"	145	Holy Trinity Knights	Okotoks
24	Anna KAPOCSI	QB	5' 4"	170	Calgary Cowboys	Calgary
25	Hannah FRANSSSEN	DB	5' 7"	135	Chestermere Lakers	Langdon
40	Lyla MCINTOSH	OL	5' 2"	135	Jasper Place Raiders	Edmonton
43	CharleyAnna WARE	LB	5' 7"	140	Wetaskiwin Sabres	Wetaskiwin
44	Haylee KETCHUM	DL	5' 9"	175	West Edmonton Raiders	Edmonton
82	Kaley BOUCHER	DB	5' 4"	145	Peace River Pioneers	Peace River
87	Acacia WEISS	DL	5' 8"	180	Lethbridge Cougars	Lethbridge

**Head Coach:** Shawn Walter  
**Assistants:** Justin Tillery  
Ehjae Chan  
Corey Colewell  
Carly Williams  
Tadi Siwira

**Mentor Coach:** Lisa Gomes  
**Athletic Therapist:** Caera Munro  
**Equipment Manager:** Shaylee Foord  
**General Manager:** Ricky May





# 2023 U18 WOMEN'S NATIONAL CHAMPIONSHIP

## INDIGENOUS FOOTBALL CANADA

#	NAME	POSITION	HEIGHT	WEIGHT	SCHOOL	CITY/TOWN
1	Saphire TWOHEART-BUNN	DB	5'2"	120	Sagkeeng Anishinabe High School	Sagkeeng First Nation
2	Memphis EAGLETAIL	OL	5'7"	190	Saint Augustine School	The Tsuut'ina Nation
3	Destiny MOOSE	LB	5'4"	120	Sagkeeng Anishinabe High School	Sagkeeng First Nation
7	Aurora MCCUTCHEON	QB	5'6"	125	Estevan Comprehensive High School	Pheasant Rump Nakota
8	Hailey WHITESELL	DL	5'6"	165	Sagkeeng Anishinabe High School	Sagkeeng First Nation
10	Jessie PAUL	DL	5'5"	150	Bonar Law Memorial High School	Elsipogtog FN
11	Talitah LIZ CROWFOOT HENDY	S/WR	5'3"	130	Vimi Ridge Academy	Siksika Nation
13	Emery FONTAINE	DB	5'3"	110	Sagkeeng Anishinabe High School	Fort Alexander
14	Synaira WHITESELL	QB/RB/WR	5'3"	130	Powerview School	Fort Alexander, MB.
15	Kaylese WHITESELL	DL	5'6"	147	Powerview School	Sagkeeng First Nation
16	Nicole FOURNIER	QB/HB	5'4"	114	St. Benedict Catholic Secondary School	Wiwewikong Indian reserve
17	Kayleigh BOUCHER	WR/RB	5'5"	118	Father Patrick Mercredi High School	Fort McKay FN
18	Summer PAPEQUASH	OL	5'4"	180	Yorkton Regional High School	The Key First Nation
19	Heidi CUMMING	OL	5'6"	250	Immaculate Heart of Mary	Beausoleil First Nation
21	Justice BERENS	DB	5'5"	130	Ecole Selkirk Junior High	Berens River FN
23	Racheal SWAMPY-LETANDER	OL	5'4"	110	Sagkeeng Anishinabe High School	Sagkeeng First Nation
24	Ashlynn SHORTMAN	DB	5'5"	130	Father Patrick Mercredi High School	Mikisew Cree First Nation
33	Harleigh ROURKE	LB,DL	5'10"	256	Kildonan East Collegiate	Peguis FN
51	Gabrielle GLADUE	LB, FB	5'2"	150	Father Patrick Mercredi High School	Fort McKay FN

**Head Coach:** Jill Fast  
**Assistants:** Sonia Rodi  
Samantha Big-Swallow  
Dylan Elias  
Kathy Calancia  
Patty Davis

**Mentor Coach:** Alicia Gladue  
**Athletic Therapist:** Ashley Baker  
**Equipment Manager:** Camille Munro  
**General Manager:** Gordon Petruic



CANADA



# 2023 U18 WOMEN'S NATIONAL CHAMPIONSHIP

## TEAM MANITOBA

#	NAME	POSITION	SCHOOL	CITY/TOWN
1	Kayla MONKMAN	DB	East Side Eagles	Winnipeg
3	Brooklyn MORCOMBE	DB	Vincent Massey Vikings	Brandon
5	Cassidy MACPHERSON	LB	St. Vital Mustangs	Winnipeg
15	Elayna BLAHEY	LB	East Side Eagles	East St. Paul
17	Marygrace OLUWADARE	DB	Vincent Massey Collegiate	Winnipeg
20	Chloe MCKAY	DB	East Side Eagles	Winnipeg
21	Norah VAILLANT	Rec	Hammarskjold high school	Thunder Bay
22	Eden GATES	RB	St. Vital Mustangs	Winnipeg
23	Pearl INGLIS	QB/DB	St. John's Tigers/North Winnipeg Nomads	Winnipeg
25	Isabel CAMPBELL	LB	Greendell Falcons	Winnipeg
36	Chloe SPENCER-NAIRN	DL	St. Vital Mustangs	Winnipeg
47	Payton TURSKI	DL	St. Vital Mustangs	Lorette
58	Vera MANN	OL	Westgate Collegiate	Thunder Bay
59	Addison TURSKI	OL	St. Vital Mustangs	Lorette
62	Shayla MOHAMED	DL	East Side Eagles/Miles Macdonald Collegiate	Winnipeg
78	Kat THERRIEN	OL/DL	Winnipeg Wolfpack	Winnipeg
81	Yoey TRAN	DB	Kelvin High School	Winnipeg
83	Annalise SILVESTER	DB	Dauphin Clippers	Dauphin
94	Hailey HIEBERT	LB	Interlake Thunder	St. Laurent

**Head Coach:** Alexa St-Jean  
**Assistants:** Kieran Cummings  
Julie Sprague  
Cody van Dijk  
Ryan Bliznikas  
Christian Guenette

**Mentor Coach:** Brenna Hargrave  
**Athletic Therapist:** Erica Nickel  
**Equipment Manager:** Shaneen Parker  
**General Manager:** Lisa Cummings



**FOOTBALL  
MANITOBA**



# 2023 U18 WOMEN'S NATIONAL CHAMPIONSHIP

## TEAM NEW BRUNSWICK

#	NAME	POSITION	HEIGHT	WEIGHT	SCHOOL	CITY/TOWN
1	Emma LUNDRIGAN	QB	63	126.6	Leo Hayes High School	Fredericton
3	Emma BRADLEY	LB	64.5	132.5	Simonds High School	Willow Grove
5	Amelia BOOMER	LB	64.5	151.01	Riverview High School	Upper Coverdale
7	Bethany STEVENS	DB	62	135	Sussex Regional High School	South Branch
8	Jana MCALLISTER	RB	63	131.7	Fredericton High School	Fredericton
10	Kaylee CORMIER	WR	61	105	Harrison Trimble High School	Moncton
11	Sarah LINDER	WR	66.5	126.2	Leo Hayes High School	Fredericton
12	Alex PURDY	LB	62.5	145.9	Tantramar Regional High School	Middleton
13	Sara KENNEDY	WR	66	104.5	Fredericton High School	New Maryland
14	Tara LAWSON	QB	65	147.5	Harrison Trimble High School	Moncton
16	Talia GORDINE	DL	59	110	Moncton High School	Memramcook
19	Emery BOWLAND	DB	67.5	157.5	Leo Hayes High School	Fredericton
20	Lillian PANI	RB	66	150.3	Rothsay High School	Rothsay
21	Alexia BRAZEAU	RB	61	141.3	Moncton High School	Saint Philippe
22	Avelyn BOTT	DB	62	106.4	Fredericton High School	New Maryland
44	Emma PLUME	DL	62.5	219.1	Fredericton High School	Fredericton
52	Alexis BRAUND	DL/OL	67	215.6	Oromocto High School	Oromocto
64	Ainsley MEAHAN	OL	65	180	Simonds High School	Rothsay
65	Chloe ESTABROOKS	DL	70	309.1	École L'Odyssee	Moncton
66	Lacey JOHNSON	OL	60	189.6	Oromocto High School	French Lake
81	Miah LONGLEY	DL/OL	65	167.3	Riverview High School	Riverview
99	Cameron WALKER	DL	67	167.9	Harrison Trimble High School	Moncton

**Head Coach:** Nick Murray  
**Assistants:** Bob Prosser  
Shannon Melanson  
Kara Fillmore  
Trina Graves  
Jen Oliver

**Mentor Coach:** Stephanie Doucet  
**Athletic Therapist:** Ryan Boudreau  
**Equipment Manager:** Todd Doucette  
**General Manager:** Carron Moore





# 2023 U18 WOMEN'S NATIONAL CHAMPIONSHIP

## TEAM ONTARIO BLACK

#	NAME	POSITION	HEIGHT	WEIGHT	SCHOOL	CITY/TOWN
1	Marissa LOWE	LB	5'2	140	St Peter's Catholic High School	Ottawa
2	Lilliana SAWCHYN	LB	5'2	165	Korah Collegiate	Sault Ste Marie
3	Shelby PEACOCK	LB	5'8	152	Holy Cross Secondary School	Amherstview
5	Evangeline LAWRENCE	DL/LB	5'8	160		Orléans
10	Maia PETERS	QB	5'8	150	St Joseph High School	Nepean
11	Emily ROCHA	QB	5'6	130	St Benedict Catholic Secondary School	Whitefish
13	Neva SPADAFORA	REC	5'2	110	St. Benedict Catholic Secondary School	Sudbury
22	Jasmine MI	LB	5'2	130	Bayview Secondary School	Aurora
23	Neeya CUMMINGS-ROWE	LB/RB	5'3	145	St. Martin Catholic Secondary School	Mississauga
24	Brianna CARTY	RB/QB	5'3	166	Applewood Heights Secondary School	Mississauga
29	Emma PENTON	LB	5'7	140	Colonel By Secondary School	Ottawa
30	Jayden RYAN	LB	5'7	131	Sydenham High School	Sydenham
32	Ella TOWNSEND	RB/H	5'8	140	Immaculata High School	Ottawa
33	Waverley KENDALL	RB	5'5	150	Regiopolis Notre-Dame Catholic High School	Gananoque
50	Violet KIRK	DL	5'9	140	Sydenham High School	Orleans
54	Chiamaka IVENSO	DL	5'9	154	St Benedict Catholic Secondary School	Sudbury
55	Ava SIMINOSKI	OL	5'3	135		Ottawa
57	Ben MARSHALL	DL	5'3	155	Gloucester High School	Orleans
80	Katie FOLEY	REC	5'5	125	École Secondaire Publique l'Alternative	Kingston
81	Abby REPA-ROGERS	REC/RB	5'6	140	Saltfleet Secondary School	Binbrook
92	Gemma O'CONNOR	DL	5'4	205	St. Peter's High School	Orleans
97	Mya CUSHNIE	DL	5'9	162		Mississauga

**Head Coach:** Cam Davidson  
**Assistants:** Nick Liberatore  
Joe Tomlinson  
Ron Garcia  
Paige Hamilton  
Katya Coulton

**Mentor Coach:** Mara McPhee  
**Athletic Therapist:** Alyssa Lafantasia  
**Equipment Manager:** Elle Chartrand  
**General Manager:** Jamie Le





# 2023 U18 WOMEN'S NATIONAL CHAMPIONSHIP

## TEAM ONTARIO RED

#	NAME	POSITION	HEIGHT	WEIGHT	SCHOOL	CITY/TOWN
1	Jorjanna MAGGIO	WR	5'2	115	Dr Frank J Hayden Secondary School	Burlington
4	Mylanka BRASSARD	LB	5'10"	150	École Secondaire Béatrice Desloges	Hawkesbury
5	Ava COLEMAN	DL	5'9"	152	Bayview Secondary School	Richmond Hill
6	Oceanne LALONDE	RB	5'0	140	École Secondaire Catholique Embrun	Embrun
7	Francesca FAZZARI	WR	5'7.5	150	Bishop Tonnos Secondary School	Guelph
8	Teagan ROY	WR	5'9	130	St Mark High School	Greely
9	Kalista ANDREWS	LB	5'7"	135	Sydenham High School	Sydenham
11	Marie SARTORIO	QB	5'7"	120	École Secondaire Louis Riel	Limoges
12	Isabelle BERUBE	QB	5'7"	135	École Secondaire Catholique Algonquin	Corbeil
13	Julia BEUMER	DL	5'10"	155	College Catholique Mer Bleue	Orleans
16	Jessica KNIGHT	OL	5'11	165	Sir Wilfred Laurier Secondary School	London
18	Liana LANGIANO	WR	5'5	139	St Joseph Catholic High School	Ottawa
21	Maya THOMPSON	WR	5'6"	135	St Peter's Catholic High School	Cumberland
22	Calli DOREY	LB	5'3	135	Immaculata High school	Ottawa
28	Taryn COLEMAN	LB	5'5	125	St Joseph Catholic High School	Ottawa
32	Shelby NORWOOD	LB	5'5	155	Holy Trinity Catholic Secondary School	Bowmanville
33	MacKenzie LAGACE CARRASCO	LB	5'4	132	Béatrice Desloges Catholic Secondary School	Ottawa
40	Maja BONAR	DL	5'4	175	Donald A Wilson Secondary School	Whitby
45	Katie WOO	RB	5'4	180	Waterdown District High School	Waterdown
53	Kalienne STERLING-GODUE	DL	5'11"	205	École Secondaire Catholique Embrun	Embrun
55	Olamide FADAHUNSI	OL	5'7"	182	St Benedict Catholic Secondary School	Sudbury
56	Chloe WINTERTON	OL	5'3	160	Huron Heights Secondary School	Keswick

**Head Coach:** Mark Ouellet  
**Assistants:** John Parkes  
Kyle Cole  
Carlie Manners  
Taylor MacIntyre  
Jason Grosset

**Mentor Coach:** Heather Hamilton  
**Athletic Therapist:** Sarah Sue-Ping  
**Equipment Manager:** Andrew Thompson  
**General Manager:** June Roy







# 2023 U18 WOMEN'S NATIONAL CHAMPIONSHIP

## TEAM QUEBEC

#	NAME	POSITION	HEIGHT	WEIGHT	SCHOOL	CITY/TOWN
1	Frédérique MORNEAU	QB/REC/DB	5'7"	144	Patriotes ES Roger Comtois	Québec
2	Noraly RACICOT	LB	5'5"	114	Stallions St-Lazare	St-lazare
3	Justine AMIGUET	LB	5'6"	150	Aigles Jean-Eudes	Montreal
4	Émilie HUBERT	REC	5'9"	143	Maraudeurs du Collège Laval	Laval
5	Annabel BEAUDRY	DB	5'5"	135	Dragon CSJV	Montreal
6	Maxime POIRIER	QB/REC/DB	5'4"	135	Dragons CSJV	Montréal
7	Jade CLÉROUX	REC	5'8"	135	Grizzlis de Boucherville	Boucherville
8	Élysa POULIOT	REC/RB	5'7"	162	Panthères de l'École secondaire Veilleux	St Odilon
9	Juliette LEFORT	REC / DB	5'3"	115	Vikings Laval-Nord	Laval
11	Romane SIMARD	LB	5'3"	120	Lynx PWD	St-fulgence
12	Julia GUITARD	LB	5'4"	137	Wildcats ARFL	Rosemere
18	Ivi BOUDREAU	RB / FB	5'7"	150	Gatineau Valkyries	Gatineau
22	Catherine POIRIER	OL/DL	5'4"	165	Centaures de la Courvilloise	Quebec
33	Olivia BEAUDRY	RB/DB	5'6"	180	Élites du Collège Mont-Sacré-Cœur	Farnham
49	Maïka MONCION	OL/DL	5'8"	235	Valkyries de Gatineau	Gatineau
50	Kiana BERNIER	OL/DL	5'2"	155	Pirates du Richelieu	Saint-Basile-le-Grand
55	Joally LABRECQUE	OL/DL	5'4"	155	Harfang de l'École secondaire du Triolet	Sherbrooke
59	Mégane JODOIN	OL/DL	5'5"	220	Barons de St-Bruno	Sainte-Julie
66	Morgan PICARD	OL/DL	5'11"	182	Valkyries de Gatineau	Low
80	Shaïna GRENIER	REC	5'8"	135	Loups de Curé-Antoine-Labelle	Laval
90	Anne-Sophie DESMARAIS	OL/DL	5'9"	250	Vandoos de Drummondville	Drummondville
99	Ariel LEMELIN	OL/DL	5'6"	228	Dynamique du Collège Charles-Lemoyne	Saint-Constant

**Head Coach:** Saadia Ashraf  
**Assistants:** Seth Galina  
Mike Jones  
Maude Lacasse  
Marie-Ève Belleau  
Émilie P. Bélanger

**Mentor Coach:** Geneviève Saint-Jean  
**Athletic Therapist:** Alexandra Normendeau  
**Equipment Manager:** John Hannon  
**General Manager:** Andréanne Dupont-Parent





# 2023 U18 WOMEN'S NATIONAL CHAMPIONSHIP

## TEAM SASKATCHEWAN

#	NAME	POSITION	HEIGHT	WEIGHT	SCHOOL	CITY/TOWN
1	Nevaeh LANG	QB	5'5"	150	Melville Comprehensive School	Waldron
3	Shelby PROSOFSKY	RB	5'3"	130	Hanley Composite School	Hanley
5	Ella SCHENHER	RB	5'5"	130	Weyburn Comprehensive School	Weyburn
6	Sienna BERNS	DB	5'2"	125	Archbishop M.C. O'Neill Catholic High School	Regina
8	Kolbi FENRICK	LB	5'2"	120	Lumsden High School	Pense
9	Hannah WILKER	REC	5'4"	145	Archbishop M.C. O'Neill Catholic High School	Regina
15	Charlie MONDOR	LB	5'5"	130	Cyberstone Virtual School	Wawota
16	Daylin MESTON	LB	5'6"	155	Michael A. Riffel Catholic High School	Regina
22	Raelynn SANDE	RB	5'4"	120	École St. Mary High School	Prince Albert
24	Keziah REID	RB	5'6"	125	Rosetown Central High School	Rosetown
26	Shayden MAGNUS	REC	5'7"	165	Tisdale Middle & Secondary School	Tisdale
28	Rayna JAMES	DB	5'8"	125	Rosetown Central High School	Rosetown
34	Cézanne LAPIERRE	DL	5'7"	130	Bishop James Mahoney High School	Saskatoon
38	Hailey TANGJERD	DB	5'5"	120	Estevan Comprehensive School	Estevan
40	Charlotte HEAPY	LB	5'1"	140	Walter Murray Collegiate	Saskatoon
54	Hailey NORDQUIST	OL	5'4"	200	Archbishop M.C. O'Neill Catholic High School	Regina
65	Ava SALMINEN	OL	6'1"	190	Estevan Comprehensive School	Estevan
73	Caitlyn BECKER	DL	5'11"	155	Yorkton Regional High School	Yorkton
74	Tyler PETELSKI	DB	5'9"	170	Swan Valley Regional Secondary School	Moosomin
77	ShayleeDUDA	OL	5'8"	160	Ituna School	Ituna
84	Mackenzie DIXON-APPLETON	OL	5'9"	170	Yorkton Regional High School	Yorkton
88	Anna HENDERSON	DL	5'8"	165	Melville Comprehensive School	Melville

**Head Coach:** Claire Doré  
**Assistants:** Amery Deren  
Thomas Retzlaf  
Ashley Viklund  
Chris Sander  
Emmarae Dale

**Mentor Coach:** Alex Kowalski  
**Athletic Therapist:** Amanda Lloyd-Haubrich  
**Equipment Manager:** Reece Fowler  
**General Manager:** Aimee Kowalski

