

#	First Name	Last Name	Position	Height	Weight	School/Program	City/Town
1	Casey	Lundquist	Offense	5'6"	145	Saskatoon FATE	Clavet
3	Shelby	Prososky	Offense	5'4"	130	Hanley Sabers	Hanley
5	Ava	Farkas	Defense	5'9"	130	Saskatoon - Bedford Road	Saskatoon
6	Sienna	Berns	Defense	5'2"	125	Regina Victorias	Regina
9	Ella	Schenher	Offense	5'6"	135	Weyburn Minor Football	Weyburn
17	Hayden	Shipp	Offense	5'10"	135	Yorkton Lady Gridders	Langenburg
19	Kinslee	Cousins	Offense	5'5"	190	Prince Albert Carleton Crusaders	Prince Albert
21	Charlotte	Henderson	Defense	5'4"	150	Melville Vipers	Melville
33	Alexandra	Armstrong	Defense	5'4"	140	Saskatoon FATE	Rosthern
34	Cézanne	Lapierre	Defense	5'7"	135	Saskatoon - BJM Saints	Saskatoon
40	Charlotte	Heapy	Defense	5'1"	160	Saskatoon FATE	Saskatoon
42	Hayley	Robertson	Defense	5'7"	160	Saskatoon FATE	Saskatoon
44	Rayna	James	Defense	5'9"	135	Rosetown Royals	Herschel
45	Trista	Kelly	Defense	5'4"	169	Eatonia Spartans	Eatonia
54	Hailey	Nordquist	Offense	5'4"	186	Regina Victorias	Regina
65	Arial	Buzash	Offense	5'11"	185	Melville Vipers	Melville
71	Hannah	Wilker	Offense	5'4"	134	Regina Victorias	Regina
80	Tyler	Petelski	Offense	5'8"	165	Swan Valley Tigers	Benito
81	Kenza	Dureault	Offense	5'7"	140	Regina Victorias	Regina
84	Mackenzie	Dixon-Appleton	Defense	5'9"	185	Yorkton Lady Gridders	Yorkton
88	Anna	Henderson	Offense	5'8"	175	Melville Vipers	Melville
99	Bree	Klemetski	Defense	5'7"	225	Yorkton Lady Gridders	Yorkton

First & Last Name

Head Coach: Claire Dore

Assistant: 1 Carter Block

2 Barry Croshaw

3 Amery Deren

4 Alex Kowalski

5 Emmarae Dale

Mentee Coach: Shantel Englot

Athletic Therapist: Amanda Lloyd-Haubrich

Equipment Manager: Reece Fowler

General Manager: Aimee Kowalski



#	First Name	Last Name	Phonetic Spelling	Position	Height	Weight	School	City/Town
11	Kaelise	Daniel	Kay-lease Daniel	LB	5'8		St. Aloysius Gonzago SS	Mississauga, ON
15	Ava	Coleman		OL	5'9		Bayview Secondary School	Richmond Hill, ON
17	Francesca	Fazzari	Fran-chess-ka Faz-ari	OL	5'8		Bishop Tonnos Catholic SS	Hamilton, ON
18	Teagan	Roy	Tee-gan Roy	WR	5'9		St. Mark High School	Ottawa, ON
19	Shelby	Hubert- Norwood		LB	5'6		Holy Trinity C.S.S	Bowmanville, ON
20	Liana	Langiano	Li-anna Lan-G-Ann-O	RB/K	5'6		St. Joesph Catholic High school	Ottawa, ON
22	Sienna	Cavey	Si-enna Kay-vee	RB	5'2		St Michaels High School	Niagara Falls, ON
23	Julia	Beumer	Julia Boomer	DL	5'10		College Catholique Mer Bleue	Ottawa, ON
29	Selene	Lewis- Chan	Se-leen Lewis	DL	5'5		Brampton Centennial SS	Brampton, ON
30	Neva	Spadafora	Ne-va Spad-a-4-a	RB	5'3		St. Benedict Catholic SS	Sudbury, ON
32	Robin	Price		LB	5'5		Korah Collegiate Institute	Sault Ste. Marie, ON
34	Cailey	Shillington	Kay-Lee Shill-ing-tun	LB	5'3		Woodroffe High School	Ottawa, ON
40	Isabelle	Berube		QB	5'7		Ecole Secondaire Catholique Algonquin	North Bay, ON
41	Madeline	Justesen	Mad-eh-lin Just-uh-sen	LB	5'8		Central Technical School	Toronto, ON
42	Taylor	Hodges		LB	5'7		St. Peter Catholic High School	Ottawa, ON
50	Favor	Ebenki	Favor E-ben-key	DL	5'7		David Suzuki Secondary School	Brampton, ON
53	Kaliane	Sterling- Godue	Kal-i-anne Sterling Go-du	DL	5'11		Ecole Secondaire Catholique d'Embrun	Embrun, ON
80	Katie	Foley		WR/QB	5'6		Sydenham Secondary School	Kingston, ON
82	Oceanne	Lalonde	O-say-anne La-londe	LB	5'0		Ecole Secondaire Catholique d'Embrun	Embrun, ON
83	Qiwana	Grant	Key-ah-nah Grant	WR	5'5		St.Joesph Catholic High School	Ottawa, ON
86	Jessica	Knight		OL	6'0		Sir Wilfred Laurier SS	London, ON
87	Waverely	Kendall		OL	5'6		Regiopolas Note Dame Catholic School	Gananoque, ON

First & Last Name

Head Coach: Carlie Manners
Assistant: 1 Isaac Smith
2 Kyle Cole
3 Bryson James
4 Heather Hamilton
5 Melissa Grieco
Mentee Coach: Paige Hamilton
Athletic Therapist: Kayla Johnson
Equipment Manager: Jim McPhee
General Manager: Jo Beumer



RED

#	First Name	Last Name	Position	Height	Weight	School	City/Town
1	Paige	Ryce	QB	5'6"	130 lbs	St. Ignatius of Loyola	Oakville
2	Omnia	Hoque	LB	5'3"	121 lbs	David Suzuki Secondary School	Brampton
4	Braylynn	Hawthorn-Harper	QB	5'3"	140 lbs	St. Martin's Catholic Secondary School	Mississauga
5	Lyra	McRae-Romero	WR	5'0"	100 lbs	Bishop Ryan Secondary School	Binbrook
6	Stacey	St-Amand	LB	5'7"	135 lbs	École Catholique Secondaire La Citadelle	Cornwall
8	Shaelynne	Thompson	RB	5'5"	135 lbs	St. John's College	Brantford
10	Emma	Demers-Rock	LB	5'1"	135 lbs	Immaculata Highschool	Ottawa
11	Kennedy	Vanek	WR	5'4"	120 lbs	Catholic Central High School	London
12	Athena	Menna	DB/LB	5'4"	130 lbs	Bishop Ryan Secondary School	Binbrook
13	Emma-Lily	Stamm	WR	5'9"	130 lbs	École Catholique Secondaire La Citadelle	Cornwall
15	Sophie	Switzer	LB	5'6"	150 lbs	Western Technical Commercial School	Toronto
16	Gabi	Stewart	OL	5'5"	160 lbs	St. Benedict Catholic Secondary School	Cambridge
17	Cailleigh	Ryan	RB	5'6"	145 lbs	St. Benedict Catholic Secondary School	Lively
18	Alice	Soares	OL	5'2"	124 lbs	Notre Dame Catholic Sedentary School	Brampton
24	Rutendo	Mavima	LB	5'4"	135 lbs	Oakridge Secondary School	St Thomas
25	Frances	Stacey-Ayuso	DL	5'9"	160 lbs	Western Technical Commercial School	Toronto
26	Rose	Brogno	LB	5'1"	127 lbs	Western Technical Commercial School	Toronto
28	Addison	Gallant	DL	5'4"	140 lbs	Bill Crothers Secondary School	Keswick
50	Makenna	MacCormack	OL	6'2"	180 lbs	Thorold Secondary School	Thorold
54	Gemma	O'Connor	C	5'5"	200 lbs	St Peter Catholic High School	Orleans
63	Olivia	Franco-Dubinsky	DL	5'4"	175 lbs	Western Technical Commercial School	Toronto
65	Peyton	Kew	DL	5'8"	155 lbs	London South Collegiate Institute	London

First & Last Name

Head Coach:	Joshuah Brown
Assistant: 1	Jake Hamm
2	Dan Legros
3	Sierra McPhail
4	Katya Coulton
5	Cassandra Cantarutti
Mentee Coach:	Taryn Coleman
Athletic Therapist:	Kayla VandeKemp
Equipment Manager:	Jeff Mellor
General Manager:	Jamie Le



BLACK

#	First Name	Last Name	Position	Height	Weight	School	City/Town
1	Tanya	Tambo	REC	5'8	142	Aigles D'Or Dalbé-Viau	Lachine
2	Marylou	Hains	RB	5'5	155	Patriotes Roger-Comtois	Québec
3	Justine	D'Amour	OL	5'5	150	Cactus du Collège Notre-Dame	Montreal
4	Émilie	Hubert	REC	5'9	142	Maraudeurs Collège Laval	Laval
5	Annabel	Beaudry	DB	5'6	140	Blitz de Montréal	Montreal
6	Amélie	Rancourt	LB	5'5	120	Jaguars de la Rive-Sud	St-Germain-de-Grantham
7	Jade	Cleroux	REC	5'9	140	Jaguars de la Rive-Sud	Boucherville
8	Maïka	Hoyi	RB	5'5	145	Valkyries de Gatineau	Gatineau
9	Juliette	Lefort	REC	5'4	120	Cobras de Laval	Laval
11	Doryanh	Odigé	REC	5'9	140	Blitz de Montréal	Montréal
12	Norah	Rondeau	DB	5'6	124	Condors Saint-Jean-Eudes	Quebec
14	Félycia	Ayotier	DB	5'2	118	Les Pionniers	Shawinigan
16	Raphaëlle	Poirier	DL	5'4	150	Dragons Collège Saint-Jean-Vianney	Montréal
17	Effée	Petrone	QB	5'4	130	Jaguars de la Rive-Sud	Longueuil
22	Catherine	Poirier	DL	5'4	170	Centaures Courvillose	Québec
30	Annie	Debray	LB	5'7	140	Jaguars de la Rive-Sud	Carignan
33	Olivia	Beaudry	LB	5'6	170	Jaguars de la Rive-Sud	Farnham
34	Océanne	Allard	DL	5'4	165	Wildcats ARFL	St-Alexis
54	Aya	Alami Chentoufi	DL	5'7	185	Cobras de Laval	Laval
56	Jasmine	Morneau	OL	5'7	140	Patriotes Roger-Comtois	Québec
59	Mégane	Jodoin	OL	5'5	205	Jaguars de la Rive-Sud	Sainte-Julie
80	Éloïse	Viau	DB	5'5	125	L'impact Collège Durocher Saint-Lambe	Vareennes

First & Last Name

Head Coach: Saadia Ashraf

Assistant: 1 Seth Galina

2 Émilie Bélanger

3 Maude Lacasse

4 Marie-Ève Belleau

5 Michael Jones

Mentee Coach: Annabelle Chevrier

Athletic Therapist: Daphnée Laperle

Equipment Manager: John Hannon

General Manager: Andréanne Dupont-Parent



#	First Name	Last Name	Phonetic spelling	Position	Height	Weight	School	City/Town
1	Alivia	Trudeau	Alivia TRUDEAU	QB	5' 5"	130	Airdrie Raiders.	Airdrie
2	Madison	Harrison	Madison HARRISON	LB	5' 5"	130	Spruce grove cougars	Onoway
3	Isabelle	McFaul	Isabelle MCFAUL	DB	5' 5"	130	Sexsmith Shamrocks	Sexsmith
4	Rehema	Holaki	Rehema HOLAKI	RB	5' 5"	165	Crescent Heights High School Cowboys	Calgary
6	Amira	Harb	Amira HARB	DB	5'2"	130	Chestermere Lakers	Chestermere
7	Ruby	Lastiwka	Ruby LASTIWKA	LB	5' 5"	130	Ernest Manning Griffins Calgary Wildcats	Calgary
8	Lacey	Muth	Lacey MUTH	DB	5'7"	145	West Edmonton Raiders Jasper Place High School Rebels	Edmonton
9	Kirklynn	Unger	Kirklynn UNGER	TE	5' 7"	150	Sexsmith Shamrocks (county of Grande Prairie Area)	County of GP
10	Mattea	Flethcer	Mattea FLETHCER	DB	5'2"	140	FALL - All Saints Legends SPRING - Calgary Girls Wildcats 6on6	Calgary
11	Sarah	Fagnan	Sarah FAGNAN	QB	5' 6"	150		Bonnyville
12	Savanna	King	Savanna KING	RB	5'3"	145	Calgary Female Wildcats	Calgary
13	Anna	Kapocsi	Anna KAPOCSI	TE	5' 3"	170		Calgary
15	Tessa	Muddle	Tessa MUDDLE	RB	5' 3"	115	NFL Flag & Scona Flag Football	Edmonton
20	Kylee	Emms	Kylee EMMS	LB	5' 2"	120	Chestermere Chiefs	Chestermere
21	Sidanee	Bowers	Sidanee BOWERS	RB	5' 5"	145	Holy Trinity Academy Knights	Okotoks
22	Kara	Litzenberger	Kara LITZENBERGER	TE	5' 10"	145	Notre Dame SR Cougars	Red Deer
24	Acacia	Weiss	Acacia WEISS	DL	5' 9"	200	Catholic Central Cougars Female Lethbridge Rams	Lethbridge
25	Hannah	Franssen	Hannah FRANSSSEN	DB	5' 7"	140	Henry Wisewood Warriors	Langdon
28	Alyssa	Bainey	Alyssa BAINEY	LB	5'4"	125	West Edmonton Raiders	Edmonton
45	Taya	Graham	Taya GRAHAM	C	5' 1"	160	Lloydminster Comp. Barons Kings Jr. Reddogs	Lloydminster
51	Gabrielle	Gratton	Gabrielle GRATTON	DL	5' 3"	200	Bonnyville Voyageurs	Bonnyville
99	Lyla	McIntosh	Lyla MCINTOSH	C	5' 3"	150	West Edmonton Raiders	Edmonton

First & Last Name

Head Coach: Shawn Walter
Assistant: 1 Corey Colwell
2 Justin Tillery
3 Ehjae Chan
4 Tadi Siwira
5 Bill Bramfield
Mentee Coach: Baylie Kennedy
Athletic Therapist: Caera Munro
Equipment Manager: Ricky May
General Manager: Elisha Torraville



#	First Name	Last Name	Phonetic Spelling	Position	Height	Weight	School	City/Town
1	Emma	Lundrigan	EM-AH LUN-DRI-GAN	QB	5'2	60kg	Leo Hayes High School	Fredericton
3	Emma	Bradley	EM-AH BRAD-LEE	LB	5'4	64kg	Simonds High School	Willow Grove
4	Jill	Petersen Bonspille	JILL PETER-SEN BON-SPEEL	LB	5'3	68kg	Moncton High School	Moncton
7	Peyton	Rogers	PAY-TON ROGERS	DB	5'4	50.5kg	Riverview High School	Riverview
8	Jana	McAllister	JA-NA MIC-ALL-IS-TER	RB	5'2	58.5kg	Fredericton High School	Fredericton
10	Kaylee	Cormier	KEH-LEE COR-MEE-EH	QB	5'1	49kg	Harrison Trimble High School	Moncton
12	Isabella	Macdonald	IZ-AH-BELL-AH MAC-DON-ALD	DB			Ecole Mathieu Martin	Dieppe
13	Sara	Kennedy	SA-RA KEN-UH-DEE	REC	5'6	47kg	Fredericton High School	New Maryland
21	Alexia	Brazeau	AH-LEX-EE-AH BRA-ZO	RB	5'1	61.5kg	Moncton High School	Moncton
23	Makyah	Young	MAH-KAI-UH YUNG	DB	5'4	51.5kg	Leo Hayes High School	Fredericton
43	Isabelle	Woodcock	IZ-AH-BELL WOOD-COCK	OL	5'3	82.5kg	Harbourview High School	Saint John
44	Hannah	Dedam	HAN-AH DEH-DAM	LB	5'2	63.5kg	Moncton High School	Moncton
45	Gabbie	Ewart	GAH-BEE YU-WART	LB	5'1	58.5kg	Simonds High School	Saint John
51	Claire	Hachey	CL-AIR HA-CHEE	OL	5'5	70kg	Ecole Mathieu Martin	Dieppe
52	Lexi	Braund	LEX-EE BRAUND	DL	5'2	102kg	Oromocto High School	Fredericton
72	Madelyn	Crowell	MA-DUH-LIN CRO-WELL	OL	5'9	79kg	Harrison Trimble High School	Moncton
80 / 82	Brooke	Dalling	BROOK DALL-ING	QB	5'2	52kg	Saint John High School	Baxters Corner
88	Maryssa	Girouard	MA-RISS-UH GEE-ROUX-ARD	Rec	5'4	54.5kg	Ecole L'Odyssey	Riverview
90	Alexis	Richard	AH-LEX-US RICH-ARD	DL	5'5	64.5kg	Ecole Mathieu Martin	Dieppe
92	Chloe	Donovan	KLO-EH DON-AH-VAN	DL	5'8	80kg	Simonds High School	Baxters Corner
99	Cameron	Walker	KAM-ER-RUN WALK-ER	RB			Harrison Trimble High School	Moncton

First & Last Name

Head Coach: Nick Murray

Assistant: 1 Michael Mangusso

2 Shannon Melanson

3 Bob Prosser

4 Jen Brown

5 Trina Graves

Mentee Coach: Kara Fillmore

Athletic Therapist: Alex Crouse

Equipment Manager: Todd Doucette

General Manager: Lisa Harlow

Assistant GM :Christiane Christian



#	First Name	Last Name	Phonetic Spelling	Position	Height	Weight	School	City/Town
1	Andie	Stevenson		QB			North Winnipeg Nomads	Winnipeg
2	Brooklyn	Morcombe		DB/RB			Vincent Massey Vikings	Brandon
6	Daniella	Bennici		Rec/RB			Sturgeon Heights Collegiate	Winnipeg
7	Kiera	Bowley		REC/RB			North Winnipeg Nomads	St Malo
10	Breanna	Dufault Malone		Rec			St Vital Mustangs	Winnipeg
15	Elayna	Blahey		LB			St Vital Mustangs	East St Paul
17	Marygrace	Oluwadare		LB			Manitoba Fearless	Winnipeg
20	Eden	Gates		RB			St Vital Mustangs	Winnipeg
21	Norah	Vaillant		Rec			Hammarskjold High School	Thunder Bay
22	Faith	Scott		LB			Falcons Football Club	Winnipeg
23	Sam	Breier	Sam Bry-er	LB			St Vital Mustangs	Winnipeg
28	Yoey	Tran		DB/ REC			Kelvin Clippers	Winnipeg
40	Allyson	Simard		OL/DL			Kildonan East Collegiate	Winnipeg
47	Payton	Turski		DL/RB			Manitoba Fearless	Lorette
52	Kara	Chernhoski	Kara Churn-now-sk	OL			Falcons Football Club	Winnipeg
59	Ella	Dalton		OL/DL			Interlake Thunder	Gunton
65	Addison	Turski		OL/REC			St Vital Mustangs	Lorette
77	Sofia	St. Germaine		OL			North Winnipeg Nomads	Winnipeg
80	Da'Naiyah	Kuka-Milingita		Rec			Eastman Raiders	Steinbach
82	Isabel	Campbell		LB			Falcons Football Club	Winnipeg

Head Coach: Julie Sprague
 Assistant: 1 Byron van Dijk
 2 Stuart Blahey
 3 Cody van Dijk
 4 Hallie Eggie
 5 Sean Oleksewycz
 Mentee Coach: Brooklyn Dyce
 Athletic Therapist: Jasmine Dela Cruz
 Equipment Manager: Lisa Thomas
 General Manager: Lisa Cummings



#	First Name	Last Name	Position	Height	Weight	School	City/Town
1	DL	Shakiya	Kadachuk				
2	RB	Taj - Marie	Thompson				
3	DL	Ashlynn	Shortmann				
4	LB	Chloe	McKay				
6	OL	Aylah	Cardinal				
7	QB	Aurora	McCutcheon				
11	WR	Talitha	Crowfoot - Hendy				
12	QB	Sienna	Deschambault				
13	LB	Kayla	Monkmon				
15	LB	Hailey	Whitesell				
17	RB	Kayleigh	Boucher				
18	WR	Airabella	Cardinal				
20	WR	Hayden	Courchene				
21	RB	Dorothy	Trudeau				
22	LB	Justice	Berens				
23	LB	Destiny	Moose				
51	OL	Gabrielle	Gladue				
54	DL	Helena	McKay				
55	DL	Tracy	Spence				
59	OL	Brooklynn	Lewis				
60	DL	Lindy	Gardner				
69	OL	Caydence	Rawlins				

First & Last Name

Head Coach: Samantha Big Swallow

Assistant: 1 Olivier Eddie

2 Dylan Fougere

3 Kaitlyn De Sousa Martins

4 Levi Horn

5 Alicia Gladue

Mentee Coach: Naveah Piche Grant

Athletic Therapist: Ashley Baker

Equipment Manager: Brent Gerrard

General Manager: Gordon Petruic



CANADA