

#	First Name	Last Name	Position	Height	Weight	School	City/Town
11	Kaelise	Daniel	LB	5'8		St. Aloysius Gonzago SS	Mississauga, ON
15	Ava	Coleman	OL	5'9		Bayview Secondary School	Richmond Hill, ON
17	Francesca	Fazzari	OL	5'8		Bishop Tonnos Catholic SS	Hamilton, ON
18	Teagan	Roy	WR	5'9		St. Mark High School	Ottawa, ON
19	Shelby	Hubert- Norwood	LB	5'6		Holy Trinity C.S.S	Bowmanville, ON
20	Liana	Langiano	RB/K	5'6		St. Joesph Catholic High school	Ottawa, ON
22	Sienna	Cavey	RB	5'2		St Michaels High School	Niagara Falls, ON
23	Julia	Beumer	DL	5'10		College Catholique Mer Bleue	Ottawa, ON
29	Selene	Lewis- Chan	DL	5'5		Brampton Centennial SS	Brampton, ON
30	Neva	Spadafora	RB	5'3		St. Benedict Catholic SS	Sudbury, ON
32	Robin	Price	LB	5'5		Korah Colliegate Institute	Sault Ste. Marie, ON
34	Cailey	Shillington	LB	5'3		Woodroffe High School	Ottawa, ON
40	Isabelle	Berube	QB	5'7		Ecole Secondaire Catholique Algonquin	North Bay, ON
41	Madeline	Justesen	LB	5'8		Central Technical School	Toronto, ON
42	Taylor	Hodges	LB	5'7		St. Peter Catholic High School	Ottawa, ON
50	Favor	Ebenki	DL	5'7		David Suzuki Secondary School	Brampton, ON
53	Kaliane	Sterling- Godue	DL	5'11		Ecole Secondaire Catholique d'Embrun	Embrun, ON
80	Katie	Foley	WR/QB	5'6		Sydenham Secondary School	Kingston, ON
82	Oceanne	Lalonde	LB	5'0		Ecole Secondaire Catholique d'Embrun	Embrun, ON
83	Qiawna	Grant	WR	5'5		St.Joesph Catholic High School	Ottawa, ON
86	Jessica	Knight	OL	6'0		Sir Wilfred Laurier SS	London, ON
87	Waverely	Kendall	OL	5'6		Regiopolas Note Dame Catholic School	Gananoque, ON

First & Last Name

Head Coach: Carlie Manners
Assistant: 1 Isaac Smith
2 Kyle Cole
3 Bryson James
4 Heather Hamilton
5 Melissa Grieco
Mentee Coach: Paige Hamilton
Athletic Therapist: Kayla Johnson
Equipment Manager: Jim McPhee
General Manager: Jo Beumer

